

May 2019

Type Your School Name Here

LUNCH



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety

LINE 1 SUBJECT TO CHANGE



Monday



PIZZA
CORN
ROMAINE SALAD
FRUIT
MILK

6

Tuesday



BEEF TACOS
RANCH BEANS
ROMAINE SALAD
FRUIT
MILK

7

Wednesday

NUGGETS
FRIES
ROMAINE SALAD
FRUIT
MILK

1

Thursday

RAVIOLI
GARLIC BREAD
BROCCOLI N CHEESE
FRUIT
MILK

2

Friday

CHEESE BURGER
ROMAINE SALAD
CHIPS
FRUIT
MILK

3

CORN DOG
SMILEY FRIES
MIXED VEGGIES
FRUIT
MILK

13

FISH STICKS
FRIES
ROMAINE SALAD
FRUIT
MILK

14

CHICKEN N DUMPLINGS
CORN MUFFIN
BLACK EYE PEAS
FRUIT
MILK

15

PIZZA
CORN
ROMAINE SALAD
FRUIT
MILK

16

CHEESE BURGER
FRIES
ROMAINE SALAD
FRUIT
MILK

17

RAVIOLI
GARLIC BREAD
ROMAINE SALAD
FRUIT
MILK

20

NACHO SUPREME
REFRIED BEANS
ROMAINE SALAD
FRUIT
MILK

21

SPAGHETTI N MEATBALLS
GARLIC TOAST
ROMAINE SALAD
FRUIT
MILK

22

CHICKEN FAJITAS
BELL PEPPERS & ONIONS
BEANS
FRUIT
MILK

23

PIZZA
BROCCOLI N CHEESE
FRUIT
MILK

24

MEMORIAL DAY

27

CORNDOG
MAC N CHEESE
GREEN BEANS
FRUIT
MILK

28

CHILI CHEESE BURRITO
BAKED BEANS
ROMAINE SALAD
FRUIT
MILK

29

BEEF LASAGNA
GARLIC BREAD
ROMAINE SALAD
FRUIT
MILK

30

SACK LUNCHES
EARLY RELEASE
HAVE A GREAT SUMMER

31