



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

Monday

Tuesday

Wednesday

Thursday

Friday



MENU
SUBJECT TO CHANGE



CHICKEN NUGGETS **5**
SMILEY FRIES
SALAD
FRUIT
MILK

STEAK FINGERS **6**
MASHED POTATOES
W/GRAVY
GREEN BEANS
ROLL
FRUIT
MILK

SOFT TACOS **7**
REFRIED BEANS
SALAD
FRUIT
MILK

CORNDOGS **1**
FRIES
SALAD
FRUIT
MILK

CHEESE BURGER **2**
BURGER SALAD
CHIPS
FRUIT
MILK

CHILI CHEESE DOG **12**
FRIES
SALAD
FRUIT
MILK

RAVOILI **13**
GARLIC TOAST
SALAD
FRUIT
MILK

TURKEY **14**
DRESSING
YAMS
GREEN BEANS
ROLL
CAKE
MILK

BEEF SPAGHETTI **8**
SALAD
GARLIC BREAD
FRUIT
MILK

HAMBURGER **9**
BURGER SALAD
CHIPS
FRUIT
MILK

CORN DOG **15**
BAKED BEANS
SALAD
FRUIT
MILK

SACK LUNCH ½ DAY **16**

HOLIDAY **19**

HOLIDAY **20**

HOLIDAY **21**

HOLIDAY **22**

HOLIDAY **23**

PIZZA **26**
CORN SALAD
FRUIT
MILK

CHILI MAC **27**
PINTO BEANS
CORN
CORN MUFFIN
FRUIT
MILK

POPCORN CHICKEN **28**
MASHED POTATOES
W/GRAVY
SALAD
FRUIT
MILK

CHICKEN GUMBO **29**
POTATO SALAD
CRACKERS
FRUIT
MILK

CHICKEN BURGER **30**
BURGER SALAD
FIES
FRUIT
MILK